

# The Western Bar & Restaurant

## STARTER

### SOUP OF THE DAY €6.75

*Homemade brown bread (1, 3, 6, 7, 9, V, AGF)*

### GALWAY BAY SEAFOOD CHOWDER €8.95

*Medley of prawns, white & red smoked fish, homemade brown bread (1, 2, 3, 4, 6, 7, 9, 12 AGF)*

### HUMMUS, SUNDRIED TOMATO & BLACK

#### OLIVE TAPENADE €7.95

*Homemade roast red pepper hummus, served with selection of breads (1, 11, 12 AGF)*

### PORK BELLY BITES €9.95

*Slowly cooked pork belly dressed in soy, honey & garlic glaze, toasted sesame seeds (1, 6, 11)*

### BBQ CHICKEN WINGS €10.95

*Served with celery stick & garlic Parma mayo (1, 3, 6, 7, 9, 11)*

### PRAWN KEBAB €12.95

*Grilled prawn skewers with parsley & garlic butter, thousand island dressing (2, 3, 7, 10)*

### MUSHROOM & SPINACH CROQUETTES €8.95

*Béchamel based mushroom & spinach croquettes, (1, 3, 6, 7,)*

## SIDES

FRIES (1, 6) €4.00

LOADED FRIES (1, 3, 6, 7, 12) €7.95  
(crispy bacon, garlic parmesan mayo)

SEASONAL VEGETABLES (7) €4.00

CREAMY MASHED POTATOES (7,12)  
€4.00

ROAST BABY POTATOES (6, 7) €4.00

SIDE SALAD (10,12) €4.50

SIDE OF CAESAR SALAD (1, 3, 6, 7) €6.00

## MAIN COURSE

### WESTERN BEEF & GUINNESS STEW €17.95

*Traditional Irish stew, served with creamy mash potatoes or roast baby potatoes (1, 6, 7, 9)*

### GALWAY BAY FISH & CHIPS €18.50

*Beer battered fillet of Haddock, crispy chips, beetroot ketchup, tartare sce (1, 3, 4, 6, 12)*

### SLOWLY COOKED LAMB SHOULDER €23.95

*Rosemary & garlic lamb shoulder, slowly cooked in own sauce, sweet potato mash, seasonal vegetables (6, 7, 9, 12)*

### 10OZ STRIPLOIN STEAK €28.95

*Steamed kale, Portobello mushroom, fries or mash, pepper sauce or garlic butter (1, 6, 7, 11, 12)*

### VEGETARIAN CHICK PEA CURRY €13.95

*Served with basmati rice & naan bread (1, 2, 9, V)  
Add Chicken €3.00 Add Prawns €4.00*

### PAN FRIED CHICKEN SUPREME €21.95

*Creamy pearl barley risotto, carrots, brussels sprouts, pancetta (1, 7, 9, 12)*

### PAN FRIED SEA BASS €24.95

*Roasted baby potatoes, kale, cauliflower puree (4, 6, 7)*

## DESSERT

### APPLE & BERRY CRUMBLE €7.00

*Served with vanilla ice cream (1, 3, 7)*

### MANGO AND PASSIONFRUIT CHEESECAKE €7.00

*Served with whipped cream and almond dust (1, 3, 7, 8)*

### CHOCOLATE BROWNIE €7.00

*(served with vanilla ice cream (1, 3, 7)*

### SELECTION OF ICE CREAM (1, 3, 7) €6.50

ASK YOUR SERVER FOR OUR SELECTION OF  
TEAS/COFFEES AND COFFEE COCKTAILS

### AGF Gluten free bread €1.00 (6, 11)

Allergens: 1. Gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. dairy 8. Nuts 9. Celery 10. Mustard 11. Sesame Seeds 12. Sulphur Dioxide and Sulphates 13. Lupin 14. Molluscs  
Please note that we have ALL allergens present in our kitchen.  
All Beef is off Irish Origin